



## 7 Ways To Build Your Child's Confidence

by: John Coutts

Here's one of the best bits of parenting advice you'll ever find: "a confident child is more likely to be a success in life, more likely to be liked in life, and more likely to be happy in life".

Isn't that what you want?

Here are 7 parenting tips to build up confidence in your child:

- 1 Always praise your child for the things she does right. Even if they are little things, make them important and let her know that she did well.
- 2 Let your child do things. Even if she is not quite ready to do certain tasks, help her make a start and don't worry if it doesn't turn out right.
- 3 Believe in your child and let her know it! Don't pressurize her to be something she can't be. Just let her know that you believe in her ability to (occasionally) do great things.
- 4 Only criticise a behaviour - not the child. Always avoid too much criticism of her when she does things wrong. It's much better to criticise the behaviour - that way she can distance what she does from what she is.
- 5 Show an interest in your child's interests. They will probably be boring to you, and you may not understand them. But they are important to her, so show a respect and interest in the things she does.
- 6 Accept your child's fears and insecurities. Never belittle them or brush them aside. Remember the time when you were young and the things that made you afraid and try to understand.
- 7 They say laughter is the best medicine, and it is. That's why you should always laugh with your child and never at her. Healthy laughter is a wonderful way to bond tightly. It is also something you will both thoroughly enjoy.

Remember, a confident child is a happy one, more likely to be liked in life, and more likely to succeed in life. Confidence is a wonderful parenting style to apply to your little one today.

### About the author:

Bringing up a child is never easy. The first step is getting the right name for your baby. To receive your free Baby Names ebook visit my [parenting tips](#) website.

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